



Sport for Solidarity!

KA1-Youth Mobility

ESC PROJECT

6 Month

1.03.2020-31.08.2020

PARTNERSHIP:

Asociatia Schola GSB2011-Romania

YINFO-Turkey

UNIT-Ukraine

SIQA-Georgia.

Eurocircle-France.

Summary of the project:

Sport is a constantly developing social and economic phenomenon, with an important contribution to the strategic objectives of the European Union (http://ec.europa.eu/sport/documents/whitepaper/whitepaper-short_en.pdf). Schola GSB initiated a study at local and regional level in November 2018 to initiate a fundraising campaign on involving young people in sports and outdoor activities. The results of the centralized study in February 2019 are worrying and show us that 48% of young people in the Valcea region do not carry out sport activities and 77% do not participate in any outdoor activity. Due to this phenomenon, young people have acquired an inappropriate behavior for their age. This behavior was noticed as well as by parents and teachers. The main reason is that the local community does not offer alternative leisure opportunities for young people and does not offer any opportunity for spending free time doing sports and outdoor activities. In this context, we initiated this ESC project to offer an alternative to spend leisure time for young people from local communities in Valcea County.

The project "Sport for Solidarity" aims to promote solidarity as a value through voluntary activities, ensuring the involvement of young people with reduced opportunities from Valcea community in solidarity activities, which will help to strengthen the cohesion, solidarity and democracy in Europe.

In the short term, the project aims to facilitate participation in a volunteering internship for 8 young people with reduced opportunities from participating countries and partner countries. The 8 volunteers will develop volunteering activities to promote solidarity, active citizenship and active participation in the life of the local community.

Role and tasks of volunteers:

1. Producing informative materials regarding promotion of a healthy lifestyle through sports activities and outdoor activities. The activity will take place on two groups, and the volunteers supported by the ASG staff will produce videos and audio materials, flyers, stickers, posters, etc. All these materials created in the first month of the EVS stage will be uploaded to the project web page and will be broadcast in the regional press via VTV and Valcea 1 TV channels, but also promoted in online social media: Facebook.
2. Street activities, promoting sports and outdoor activities. This activity will take the form of a media campaign that will take place for 2 months in Dragasani and Rm.Valcea. During the

activity the volunteers will learn how to develop a media campaign using non-formal education methods such as street animation, flash mob, public cafe, debates and workshops with young people from schools and youngsters in Roma communities. This period there will be promoted the youth clubs of ASG where young people can participate in sports and outdoor activities.

3. Implementation of sports and movement activities through three thematic activities:

- a) 10 reasons to practice sports: volunteers will coordinate sports activities such as tennis, football, table tennis, football and golf at the ASG Youth Center.
 - b) How to creatively enjoy your free time: volunteers will coordinate workshops and sports contests for young people.
 - c) Leisure + sports = health: volunteers will coordinate sport activities such as: jogging, hiking, skating.
4. Performing a theater play using the theater-forum method. The play will promote movement and sports.
5. Develop a “Sport for tolerance” magazine that will promote movement and sport.
6. Intercultural activities where volunteers will promote their own traditions through intercultural evenings, EU quizzes, films produced in their own countries.

Practical aspects:

The volunteers will work 6 hours / day from Monday to Friday. Their schedule will be organized as follow:

9.00-10.00: preparing the activity.

10.00-13.00: Activities

13.00-14.00: Lunch break.

14.00-16.00: Activities.

The volunteers will have 2 days off every month, will have days off according to Romanian legislation and will have holidays according to the university year 2018-2019

The volunteers will be accommodated in three apartments rented by ASG in Dragasani city at “Bratianu”hostel The apartments are equipped with central heating, water, TV cable and internet. There a 2 kitchen fully equipped. Each apartament has 2 bedrooms and 1 bathroom.Totally will be 6 bedrooms and 3 bathrooms for 8 volunteers and 1 big room as common space.

To feed, the volunteers will receive a fixed amount at the beginning of each month, amount which will allow them to buy aliments and cook themselves. Also at the beginning of the month, all volunteers will receive a fixed allowance (pocket money). The local transport will be provided free of charge for the entire EVS period by ASG

The volunteers will have 8 free travel tickets per month from Dragasani city to Ramnicu Valcea city(the capital of Valcea county).

The volunteers will receive monthly 240 euro (90 euro as pocket money + 150 euro money for food).

NOTE:

BEFORE 4 WEEKS OF THE START OF THE EVS STAGE, IT WILL BE SIGN A MOBILITY CONTRACT WITH EACH VOLUNTEERS AND A LEARNING PLAN WITH EACH VOLUNTEER.

SELECTION OF VOLUNTEERS:

- Young people between 18-30 years old
- Boys and girls in equal number
- Young people ready to spent 1 year volunteer in Romania.

The deadline for finish the selection of volunteers is **22 December 2019**.

Validation of the EVS stage:

Volunteers involved in this project will be awarded with a Youthpass certificate at the end of this EVS stage, which will describe and validate the experience of non-formal and informal learning acquired by each volunteer during their EVS stage period. The Youthpass certificate will be considered a process of awareness, reflection and documentation of learning during the different stages of the project.

HOST CITY:

DRAGASANI

1. Geography and climate:

Drăgășani is a city in [Vâlcea County](#), [Romania](#), near the right bank of the [Olt river](#), and on the railway between [Caracal](#) and [Râmnicu Vâlcea](#). The city is well known for the [vineyards](#) on the neighboring hills that produce some of the best [Wallachian](#) wines

The climate of Dragasani is temperate-continental with average temperatures of 10 to 11°C. The multi-annual average of rainfall is around 700 to 800 l/mp, and there are about 90 to 100 days of hard frost annually.

The town is situated at 220 km north-west of Bucharest (the Romanian capital).

Romanian map

- DRAGASANI



Places for EVS STAGE:

DRAGASANI CITY

www.vinolavalcea.ro

<https://ro.wikipedia.org/wiki/Dr%C4%83g%C4%83%C8%99ani>

Links to other projects:

www.fcasec.com

www.fcasec-greendays.eu

www.greenrivers.eu

www.voluntarpenrunatura.eu